

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# St Clement Danes Primary School Menu April - October 2018

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			Monday	Tuesday	Wednesday	Thursday	Friday
16/04/2018 07/05/2018 28/05/2018 18/06/2018 09/07/2018 03/09/2018 24/09/2018 15/10/2018	<b>Week 1</b>	<b>Main</b>	Sausages * with Mash & Gravy	Chilli con Carne with Rice (made with Organic Beef)	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Mediterranean Chicken with Spaghetti	Fish Fingers, Chips and Homemade Tomato Sauce
		<b>Vegetarian</b>	Quorn Sausages & Mash with Gravy	Sweet & Sour Quorn & Vegetables with Noodles	Quorn Roast with Roast New Potatoes	Broccoli Pasta Bake	Cheese Quiche with Chips
			Carrots Peas	Sweetcorn Cauliflower	Carrots Broccoli	Sweet Corn & Green beans	Baked Beans Garden Peas
		<b>Dessert</b>	Sliced Cheese, Apple and Biscuits Organic Fruit Yoghurt Fresh Fruit Platter	Chocolate and Beetroot Brownie with Milk Organic Fruit Yoghurt Fresh Fruit Platter	Wholemeal Peach Crumble with Custard Organic Fruit Yoghurt Fresh Fruit Platter	Apple Pie with Custard Organic Fruit Yoghurt Fresh Fruit Platter	Pear and Raisin Cake with Milk Organic Fruit Yoghurt Fresh Fruit Platter
23/04/2018 14/05/2018 04/06/2018 25/06/2018 16/07/2018 10/09/2018 01/10/2018 22/10/2018	<b>Week 2</b>	<b>Main</b>	Sweet and Sour Chicken with Noodles	Jollof Chicken (Free Range) with Rice	Roast Turkey with, Roast Potatoes and Gravy	Spaghetti Bolognese with Garlic Bread (made with Organic Beef)	Breaded Fish Chips, Homemade Tomato Sauce
		<b>Vegetarian</b>	Macaroni Cheese with Garlic Bread	Quorn and Sweet Potato Curry with Rice	Quorn Roast with Roast New Potatoes	Soya Vegetable Bolognese, Garlic Bread	Spicy Bean Burger with Chips
			Carrots Sweetcorn	Green Beans Peas	Carrots Cauliflower	Broccoli Sweet corn	Baked Beans Garden Peas
		<b>Dessert</b>	Berry and Apple Cobbler with Custard Organic Fruit Yoghurt Fresh Fruit Platter	Lemon and Mixed Berry Cake with Milk Organic Fruit Yoghurt Fresh Fruit Platter	Eves Pudding with Milk Organic Fruit Yoghurt Fresh Fruit Platter	Chocolate Mandarin Sponge with Choc Sauce Organic Fruit Yoghurt Fresh Fruit Platter	Carrot and Courgette Cake with Milk Organic Fruit Yoghurt Fresh Fruit Platter
30/04/2018 21/05/2018 11/06/2018 02/07/2018  17/09/2018 08/10/2018	<b>Week 3</b>	<b>Main</b>	Cajun Spiced Chicken with New Potatoes	Chicken Tikka with Rice (Free Range)	Roast Chicken with Stuffing Roast Potatoes and Gravy	Jamaican Beef with Rice & Beans (made with Organic Beef)	Fish in Batter, Chips, Homemade Tomato Sauce
		<b>Vegetarian</b>	Wholemeal Vegetable Pasta Bake	Lentil & Sweet Potato Curry with Rice	Quorn Roast with Roast New Potatoes	Wholemeal Neapolitan Pasta with Spinach	Cheese and Tomato Pizza with Chips
			Carrots Peas	Sweetcorn Green Beans	Carrots Broccoli	Peas Cauliflower	Garden Peas Baked Beans
		<b>Dessert</b>	Apple Crumble with Custard Organic Fruit Yoghurt Fresh Fruit Platter	Pineapple Cake with Custard Organic Fruit Yoghurt Fresh Fruit Platter	Apple Flapjack with Milk Organic Fruit Yoghurt Fresh Fruit Platter	Peach Upside Down Cake with Custard Organic Fruit Yoghurt Fresh Fruit Platter	Pear and Ginger Muffin with Milk Organic Fruit Yoghurt Fresh Fruit Platter



Available Daily )  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and Organic Fruit Yoghurt

## Daily Menu Offer

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Each day Caterlink provide a balanced menu choice for children at your school.

They have the choice from the following each day

Main course which is either a vegetarian, meat or fish  
With  
Carbohydrate such as potato, rice or pasta  
And  
Two vegetables which they can have as much as they like

In addition they also have available  
Free flowing salad bar, and homemade bread.  
Dessert is as advertised or fresh fruit and yogurt